



PrePodiatryStudy Case Studies



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Mock Interviews

Case #4

Social Questions

- What's your name? Where you from?
- What are your hobbies?
- What are 3 strengths about yourself?
- What sets you apart from other candidates?
- What are your weaknesses?

Case

HPI: Patient is a 49-year-old male who presents to the ED after playing basketball with some friends at the gym. Patient states he rolled his ankle after jumping and immediately felt 9/10 pain with weightbearing. Patient put ice on his foot, but it kept swelling and having pain. Pain has been constant and worsening since the injury. Pain does not radiate.

What do you want to know next?

Past Medical History

PMH: DM-2, high cholesterol

PSH: tarsal tunnel release left foot 2 years ago, shoulder surgery

Meds: Metformin, Lipitor, ASA

Allergies: none

Soc: Patient is married with adult children, is a postal worker, denies tobacco, EtOH, and illicit drug use

ROS: Negative except for pain and swelling to right foot

What do you want to know next?

Physical Exam

- Vascular
 - DP/PT palpable pulses
 - +2 pitting edema of right ankle and foot
- Dermatologic
 - No skin tenting
 - Ecchymosis laterally
- Neurologic
 - 10/10 sensation with 10g SWMF
 - Light touch intact
- Musculoskeletal
 - Pain with palpation to right lateral foot
 - 4/5 strength to left plantarflexion and intrinsic muscle movement
 - 5/5 right foot strength to all groups

What do you want to know next?



Read
This X-Ray



Imaging

Read the image.



What's your plan, Doctor?

Surgical Plan

- What are the options for surgically or conservatively correcting a patient with a Jones Fracture



Rapid Fire Questions

Rapid Fire Questions

- What is the classification for this injury?
- What oral medications cover MRSA (name 2)?
- What are 3 podiatric emergencies?
- What is the Vassal principle?

Ethical Question

- **How would you express your concern for a child who needs an amputation?**



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Thank You