



PrePodiatryStudy Case Studies



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Mock Interviews

Case #3

Social Questions

- What's your name? Where you from?
- What are your hobbies?
- What are 3 strengths about yourself?
- What sets you apart from other candidates?
- What are your weaknesses?

Case

HPI: Patient is a 49-year-old male who presents to the ED after a motor vehicle collision. Patient states the other driver was texting and came over into his lane. After no other immediate injury could be identified and patient is stable, podiatry was consulted for pain in the patient's foot. Pain is 10/10 and he cannot bear weight to the right foot. Patient describes a sharp pain that has been constant since the accident.

What do you want to know next?

Past Medical History

PMH: sleep apnea, hyperlipidemia

PSH: left ankle ORIF, dental rehabilitation

Medications: Simvastatin, c-pap machine nightly

Allergies: none

SH: Lives at home with wife and daughters, smokes 1 ppd x 20 years, denies EtOH and illicit drug use

ROS: Pain and swelling to right foot. Remaining ROS negative

What do you want to know next?

Physical Exam

- Vascular
 - DP/PT palpable pulses
 - +2 pitting edema of right ankle
- Dermatologic
 - No skin tenting
 - Ecchymosis to 1st MPJ with erythema plantarly
- Neurologic
 - 10/10 sensation with 10g SWMF
 - Light touch intact
- Musculoskeletal
 - Rigid dorsally angled hallux
 - Pain with palpation to right medial forefoot
 - Guarding present with intrinsic muscle movement and EHL/FHL movement

What do you want to know next?



Read This X-Ray



Imaging

Read the image.

What do you want to know next?

Imaging

Read the image.





What's your plan, Doctor?

Surgical Plan

- What are the options for surgically or conservatively correcting a patient with a dislocated 1st MPJ?
- What are your concerns for this injury?



Rapid Fire Questions

Rapid Fire Questions

- What is the classification for this injury?
- What stage of that classification needs surgical intervention?
- What are 3 podiatric emergencies?
- What is the Vassal principle?

Ethical Question

- **You are in the OR: And your Attending seems “off.” You have a suspicion that he was drinking and the surgery is about to start in 15 minutes. What do you do?**



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Thank You